

Signposting Sheet

4 Retirement Planning

There are a number of specialist organisations working in the field of retirement planning. Details of some of these are given below. As Help the Aged does not wish to duplicate their work, we do not publish our own range of material on this topic.

Resources

- ***Choices in Retirement*** by Ro Lyon (published by Age Concern Books, 2006; price: £9.99 plus £1.99 p&p). To order, contact:

Age Concern Books
Unit 6, Industrial Estate
Brecon
Powys LD3 8LA
Tel: 0870 44 22 120
Web: www.ageconcern.org.uk/bookshop
- ***The Good Non Retirement Guide 2007*** by Rosemary Brown (published by Enterprise Dynamics, 2007; price: £16.99 plus £2.85 p&p). To order, contact:

Enterprise Dynamics Ltd
12 Hyde Park Place
London W2 2LH
Tel: 020 7402 6050

- **Planning for Retirement** by Robert Allen (published by Virgin Publishing, 2005; price: £10.99 plus p&p). To order, contact:

How to Books, Customer Services Department
Grantham Book Services
Isaac Newton Way
Alma Park Industrial Estate
Grantham NG31 9SD
Tel: 01476 541080
Web: www.howtobooks.co.uk

- **Money in Retirement** by Jonquil Lowe (published by Which?, 2005; price: £11.99, free p&p). To order, contact:

Which?
PO Box 4264 Durrington
Worthing
Sussex BN13 3TG
Tel: 01903 828557
Web: www.bookshop.which.co.uk

Useful contacts

Heyday is a membership organisation, backed by Age Concern, that supports people approaching or in early retirement. Heyday offers members a range of services including providing information on issues to help plan for retirement.

Tel: 0845 888 2222
Web: www.heyday.org.uk

Life Academy (formerly The Pre-Retirement Association) prepares for life changes through learning with courses designed to help individuals plan for the future. They provide practical information and seminars for individuals and employers. For further information, you can contact Life Academy at:

Life Academy
9 Chesham Road
Guildford
Surrey GU1 3LS
Tel: 01483 301170
Email: info@life-academy.co.uk
Web: www.life-academy.co.uk

The **Scottish Pre-Retirement Council** runs courses and promotes advice services, seminars, exhibitions and meetings on retirement preparation. You can contact them at:

Scottish Pre-Retirement Council

260 Bath Street

Glasgow G2 4JP

Tel: 0141 332 9427

Email: info@sprc.org.uk

Web: www.sprc.org.uk

Retirement Matters is a website aimed at people who are over 50. It aims to provide links to other websites which it feels will be of interest to older people.

Web: www.retirement-matters.co.uk

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