



'Coming into an empty flat is harder than anything. Some days I used to just sleep; there was nothing else to do. But things are much better now I'm able to get to a day centre. I've got things to look forward to, people to see, little outings. A life.'
Ellen

About Age Concern and Help the Aged

The four national Age Concerns in the UK have joined together with Help the Aged to form new national charities dedicated to improving the lives of older people.

The new organisation is a social enterprise driven by the needs and aspirations of older people, and our mission is to improve the lives of older people. We aim to create a more inclusive society, better able to respond to the needs of an ageing population; to provide support and improve the products and services provided by others; to promote respect and dignity for older people; and to help them live life to the full.

Did you know . . .

- 20% of UK pensioners (over 2 million people) live below the poverty line?
- 1 million older people will go a whole month without seeing anyone they know?
- Some 500,000 older people may be experiencing abuse at any one time?
- Up to 1 million people between 50 and retirement age want to work but cannot get a job?
- The UK already has more people aged over 60 than under 16 and by 2031 almost a quarter of the population will be over state pension age?



We'll all be older one day, living longer than our parents' generation post-retirement. But living longer in itself is not something to look forward to if it means we'll be struggling with poverty and poor health.

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Sponsor Form



Please use this form to record any donations or sponsorship money you collect and return to:

Events Team, Age Concern and Help the Aged,
207-221 Pentonville Road, London N1 9UZ, tel.: 020 7239 1922.

Please do not send cash. Cheques to be made payable to 'Age Concern and Help the Aged'.

Name of event _____ Date of event _____

Title _____ First name _____ Surname _____

Address _____

Postcode _____

Telephone _____ Email _____

Thank you for supporting Age Concern and Help the Aged.

WILL YOU help us create a world in which vulnerable older people flourish?

